

## Summary of Revisions to Intermediate Level of Care Guidelines

All changes were reviewed at a previous Operations Subcommittee. The final bullet reflects the discussion that took place at the CT BHP Oversight Council and a subsequent Clinical Management Committee.

### **Adult:**

- Adult Day Treatment was added as a level of care. PHP level of care guidelines apply to Adult Day Treatment programs.
- Program Specific Requirements - PHP/ADT - Language was added to comport with CMS regulations: "The patient must require therapeutic services at levels of intensity and frequency comparable to patients in an inpatient setting for similar psychiatric illnesses."
- Program Specific Requirements - PHP/ADT/IOP - Language was added to comport with clinic reg. Language: PHP/ADT = "at least 4 hours a day with at least 3 hours of documented clinical service." IOP = "at least 3 hours a day with at least 2.5 hours of documented clinical service." This language change is also reflected in the summary chart "Hours per day and Clinical Intensity" sections.
- Summary Chart at the end of the guidelines - PHP "Medical Oversight" section - Language was revised from daily monitoring of medication and side effects to the more individualized "Client may require intensive nursing and/or medical intervention."
- Section B.2.3.1 - "Patient has clear behaviorally defined treatment objectives that can reasonably be achieved and are determined necessary in order for the discharge plan to be successful, and there is not a suitable lower level of care (for example, psychiatrist or therapy appointment) in which the objectives can be safely accomplished"
  - The above language was added in order to account for clients who may need to wait for a brief amount of time until an appropriate service is available before leaving Intermediate level of care.